

16TH SUNDAY IN ORDINARY TIME

July 17, 2016—It is all about balance. Any nutritionist will tell you, any athlete will confirm it, whether it be the food we eat or the activities we perform, a healthy life is about BALANCE.

Our Gospel this morning (Luke 10:38-42) makes that abundantly clear as Martha and Mary, faithful disciples of the Master, present to us the perfect picture of the balance needed between faith and life.

As important as our daily chores are, the work we do, the subjects we study, or the deeds we perform, it is the Word of God that gives our lives meaning and our every action direction. We can get overly concerned with things of life over which we have no power. It can drain our energies and shift our focus to what matters for ETERNITY and what is FLEETING.

And so, like that day so long ago, we hear the advice of the Savior and do our best to live it, for HIS Word and HIS voice in our hearts, makes all the difference.

God Love You.